



Unzipped: A Toolkit for Life

Books Reviewed:

[Unzipped: A Toolkit for Life](#) [1]

Issue:

[167](#) [2]

Reviewer:

[David Bennett](#) [3]

Editorial Choice:

off

Media type:

Book

BfK Rating:

5

This is an updated version of a 2002 'Toolkit for Life' aimed at boys. Here are facts and sound advice about sex, relationships, health, substances and much more told in a direct and blokey style. It doesn't go for sensation and it doesn't preach. A word much used is *respect*: for yourself, for those you love including your parents and for those you want to get closer to including girls. It is very life affirming and not afraid to encourage boys to talk or think about the things boys tend to find it hard to express.

Timorous adults beware that it doesn't spare the slang terms and racy language most teen boys readily understand. I'd recommend putting a copy on the shelves of every pastoral care team. The 'Unzipped Contacts' section alone is worth the outlay and the glossary is priceless.

Running Order:

5

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[1] <http://booksforkeeps.co.uk/childrens-books/unzipped-a-toolkit-for-life>

[2] <http://booksforkeeps.co.uk/issue/167>

[3] <http://booksforkeeps.co.uk/member/david-bennett>